

Actual Reading by Hannah Ward, M.Ed.

Teach Your Child
the
ALPHABET
in
60 Lessons



Alphabet Chart

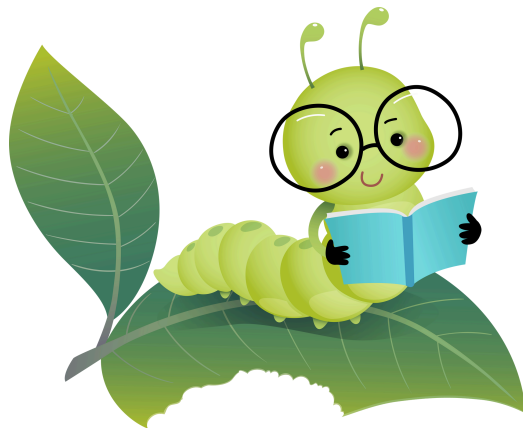
Aa Bb Cc Dd Ee

Ff Gg Hh Ii Jj

Kk Ll Mm Nn Oo

Pp Qq Rr Ss Tt

Uu Vv Ww Xx Yy Zz



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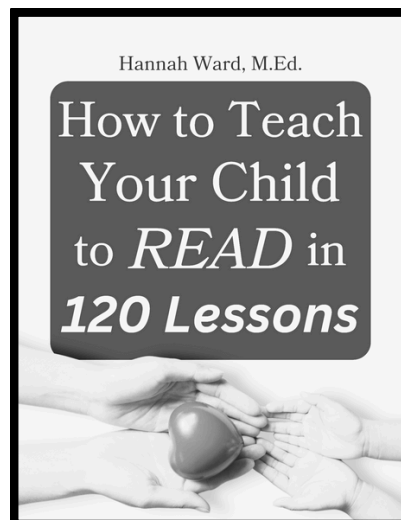
actualreading.com

Introduction

Welcome to **Teach Your Child the Alphabet in 60 Lessons!** Step one is simple: learning the letter names. Research shows kids who can recognize, name, and form letters are more likely to grow into strong readers. We start with letter names because they're consistent. A is always "A," while sounds can change (like "cat" vs. "cake"). Once your child knows their letters, they're ready for phonics. Phonics is how letters make sounds to build words. For that, check out **Teach Your Child to Read in 120 Lessons** by Hannah Ward, M.Ed. - all 120 lessons are free at **actualreading.com**.

Let's get started and make reading fun!

After this workbook, complete **Teach Your Child to Read in 120 Lessons**.



How to Complete the Lessons

1. Sing the **alphabet song** while pointing to each letter on the alphabet chart on the back cover of this book.
 2. Complete **two worksheets** each day.
 3. Choose a book to **read aloud** as a family.
Find opportunities to point out some letters.
 4. Select one of the **hands-on activities** to interact with letters in a different way.
-

Alphabet Song

Sing to the tune of "Twinkle, Twinkle, Little Star"

**A B C D E F G H I J K L M N O P Q R S T U V
W X Y and Z. Now I know my A B Cs.**

Next time, won't you sing with me?

The image shows three staves of musical notation for the Alphabet Song. The first staff contains the melody for the first line of lyrics: 'A B C D E F G, H I J K L M N O P,'. The second staff contains the melody for the second line: 'Q R S, T U V, W X, Y and Z.' The third staff contains the melody for the final line: 'Now I know my A B Cs. Next time, won't you sing with me?'. The music is written in a simple, child-friendly style with a treble clef and a common time signature (C).

Read Aloud Guide

Reading aloud to your child every day is one of the best things you can do for them. It's simple! Just grab a book, sit together, and read. It helps their brain grow, builds their imagination, and makes them love stories. Plus, it's a cozy way to bond. Start with a few minutes, pick books they like, and keep it fun. Your kid will thank you later! While you're reading you can take the opportunity to point out the letter you're focusing on that day with the worksheets found in the text.

Aim for 20 minutes of reading aloud each day.

Recommended Books

Beatrix Potter Treasury

Winnie-the-Pooh by A. A. Milne

Frog and Toad Treasury by Arnold Lobel

Children Just Like Me

Heartwood Hotel Series by Kallie George

James Herriot's Treasury for Children

Hands-On Activities

Alphabet Bread

Here's an easy bread recipe for you and your kid to make together. Use it to shape letters and learn the alphabet while baking!

Simple Alphabet Bread Recipe

Ingredients:

- 2 cups flour (plain works fine)
- 1 cup warm water
- 1 teaspoon sugar
- 1 teaspoon salt
- 1 tablespoon oil (like vegetable or olive)
- 1 teaspoon yeast (the dry kind)



Steps:

1. Mix the warm water, sugar, and yeast in a bowl. Wait 5 minutes - it'll get a little bubbly.
2. Add flour, salt, and oil. Stir with a spoon until it's a sticky dough.
3. Sprinkle some flour on a table. Dump the dough there and knead it (push and fold) for 5 minutes until smooth.
4. Let the dough sit in a bowl, covered with a towel, for 30 minutes - it'll puff up.
5. Preheat your oven to 400°F (200°C).
6. Break off small pieces of dough. Roll them into ropes and shape them into letters - like A, B, C!
7. Put the letters on a baking tray (add a little oil or paper so they don't stick).
8. Bake for 15-20 minutes until golden. Be sure to keep an eye on them while baking. Let them cool a bit, then eat!

Hands-On Activities

Letter Tracing

Practice letters in a multi-sensory way. Try tracing them in sand, salt, or shaving cream - it's fun, hands-on, and helps them learn!

Nature Letters

Take your child outside for a fun letter-making adventure! Head to a park, backyard, or any spot with nature stuff like sticks, rocks, leaves, or even dirt. Pick a letter and hunt for things to shape it: lay sticks in a curve, line up rocks, or draw it in the dirt with a twig. Say the letter's name as you build it together.

Letter Movements

Get moving with your kid to learn letters! Pick a letter, like L, and show them how to make it with their body, stand tall and stick one leg out to the side for L. Or walk the shape: take big steps in a straight line, then turn sharp for the bottom of L.



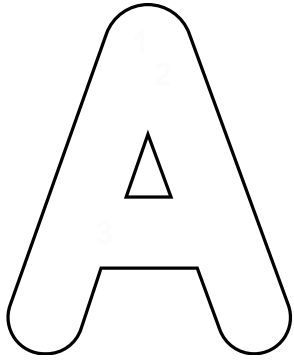
Sing the alphabet song while pointing to the letters on the alphabet chart.



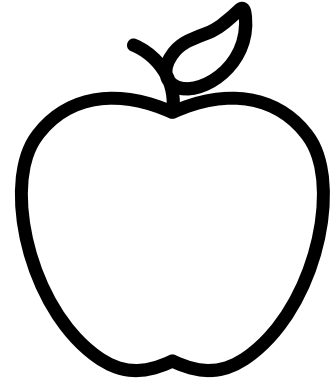
Color the letter.

Circle the letter **A**.

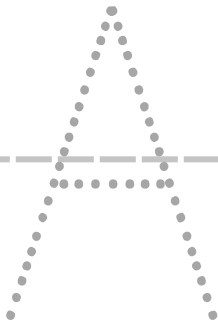
Color the picture.



APPLE



Trace the letter. Write the letter.

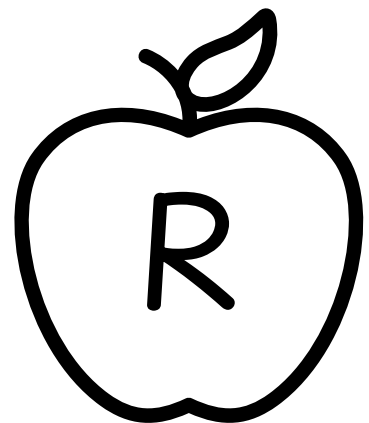
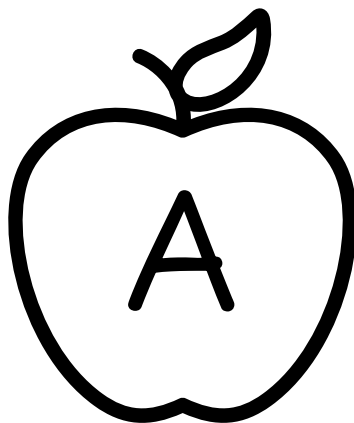
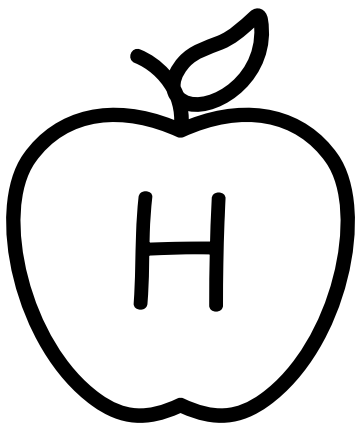
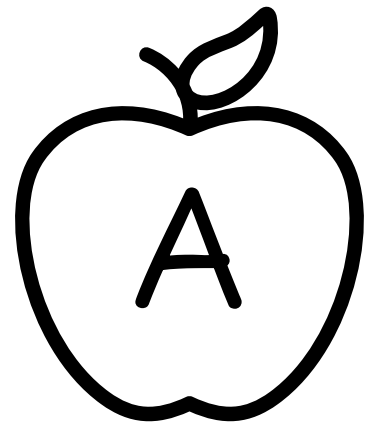
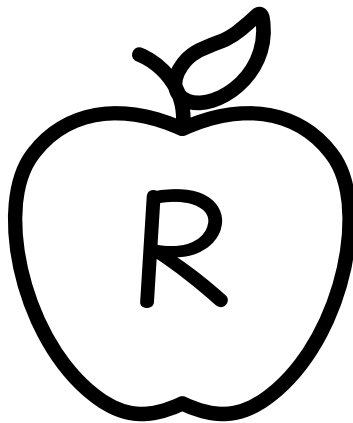
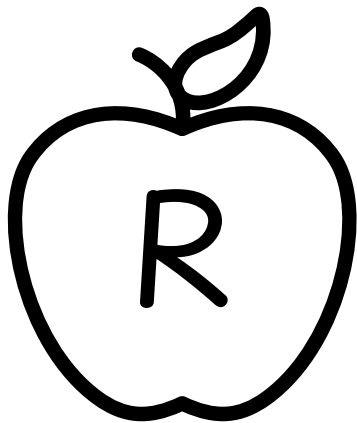
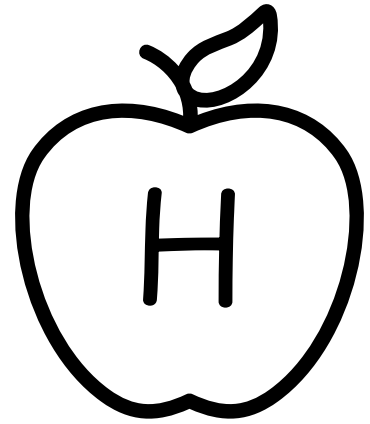
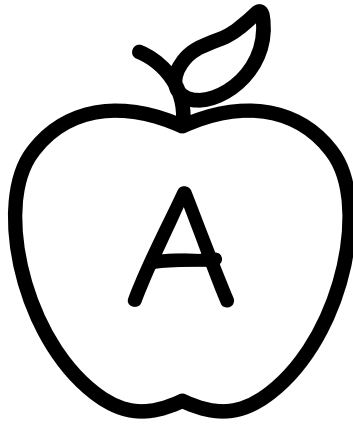
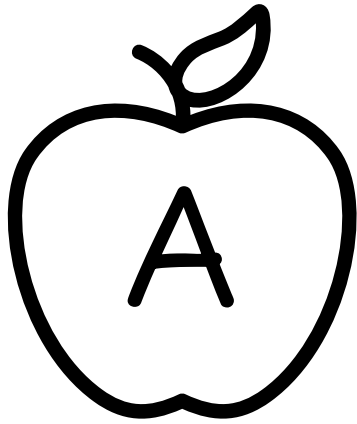


Circle the letter **A**.

A H A R R

H A A R A

Color the apples that have the letter **A**.



Read a book together. Discuss what you read.



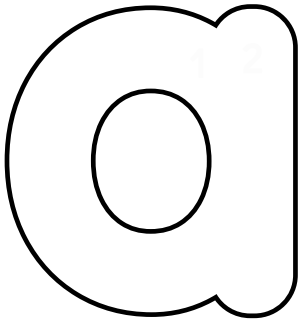
Sing the alphabet song while pointing to the letters on the alphabet chart.



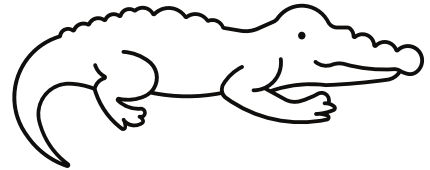
Color the letter.

Circle the letter **a**.

Color the picture.



alligator



Trace the letter. Write the letter.



Circle the letter **a**.

a o q g a

a q g a o

Read this poem. Discuss what the poem is about.
Have your child circle every letter **A** in the poem.

Aa

Rock-a-bye Baby

Rock-a-bye baby on the tree top,
When the wind blows the cradle will rock,
When the bough breaks the cradle will fall,
And down will come baby, cradle and all.



Read a book together. Discuss what you read.



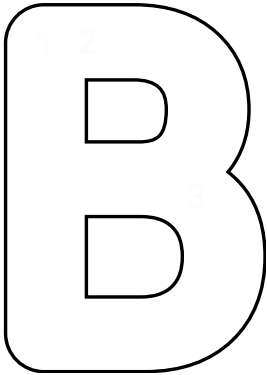
Sing the alphabet song while pointing to the letters on the alphabet chart.



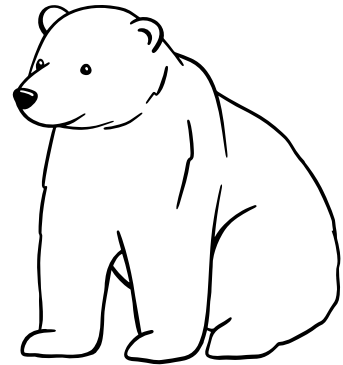
Color the letter.

Circle the letter **B**.

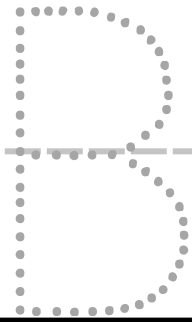
Color the picture.



BEAR



Trace the letter. Write the letter.



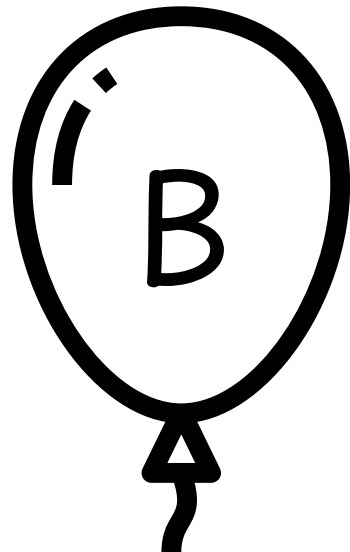
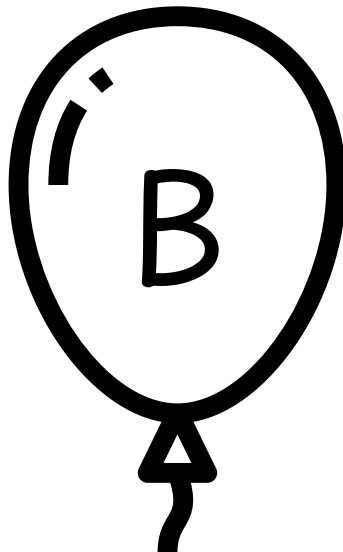
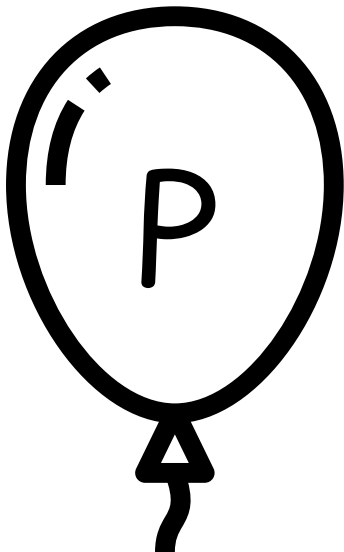
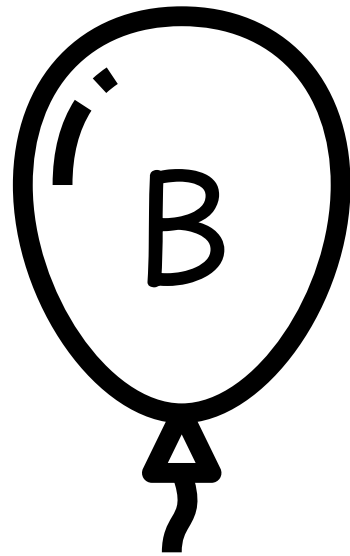
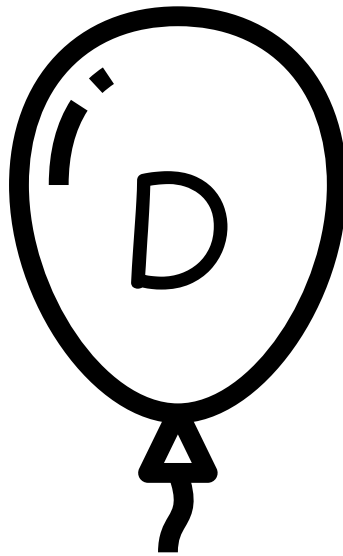
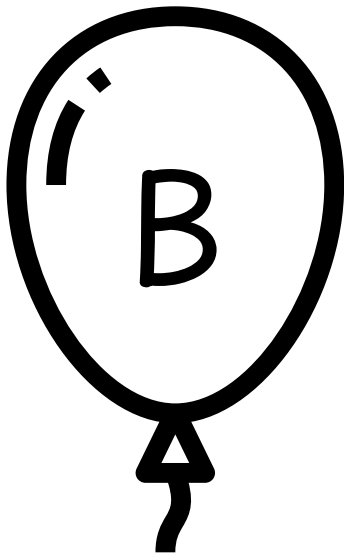
Circle the letter **B**.

B P B D B
B B P D B

Point to each letter and say its name out loud.

A a a B a A B B

Color the balloons that have the letter **B**.



Read a book together. Discuss what you read.



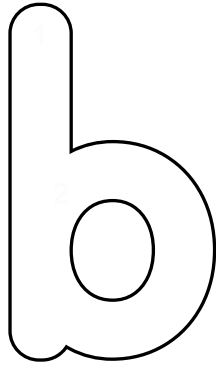
Sing the alphabet song while pointing to the letters on the alphabet chart.



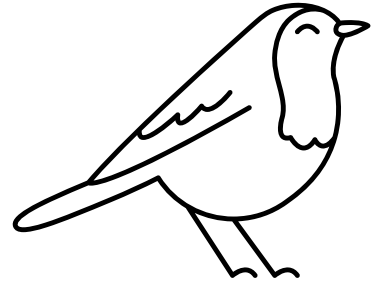
Color the letter.

Circle the letter **b**.

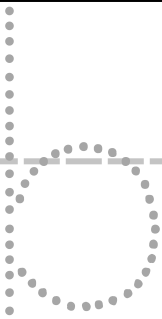
Color the picture.



bird



Trace the letter. Write the letter.



Circle the letter **b**.

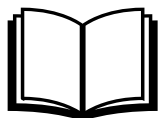
d p q b d
b q b d b

Read this poem. Discuss what the poem is about.
Have your child circle every letter **B** in the poem.

Bb

Hush Little Baby

Hush little baby, don't say a word;
Papa's going to buy you a mockingbird.
If that mockingbird won't sing,
Papa's going to buy you a diamond ring.
If that diamond ring turns brass,
Papa's going to buy you a looking glass.
If that looking glass breaks apart,
Papa's going to buy you a horse and cart.
If that horse and cart falls down,
You'll still be the sweetest little baby in town.



Read a book together. Discuss what you read.



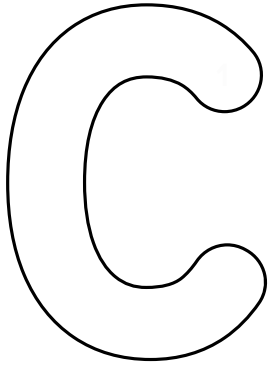
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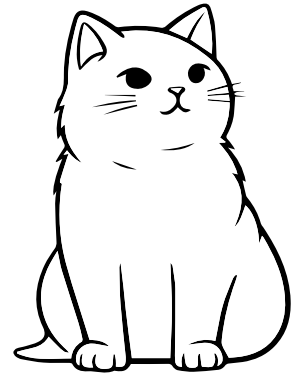
Color the letter.

Circle the letter C.

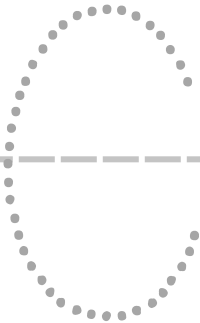
Color the picture.



CAT



Trace the letter. Write the letter.

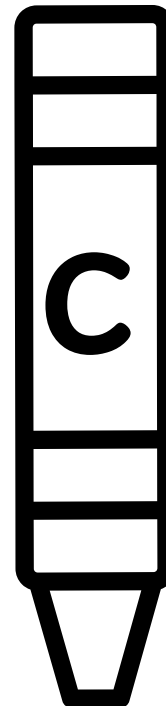
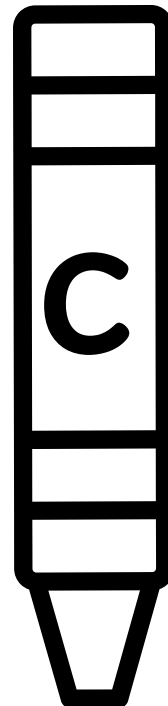
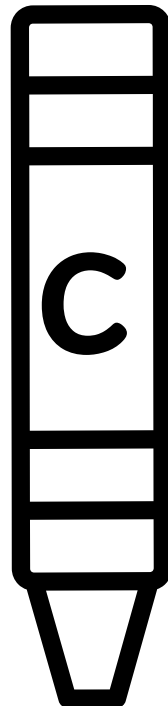
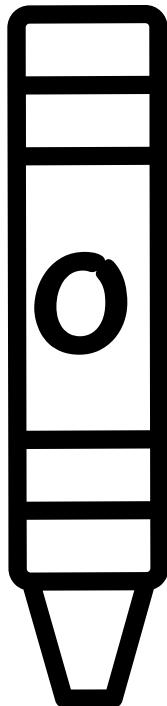
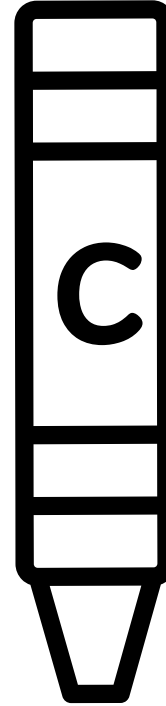
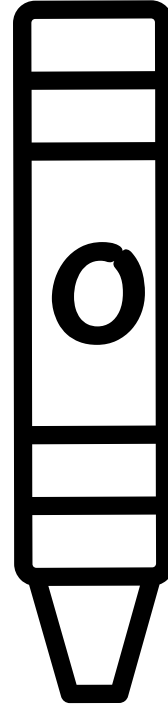
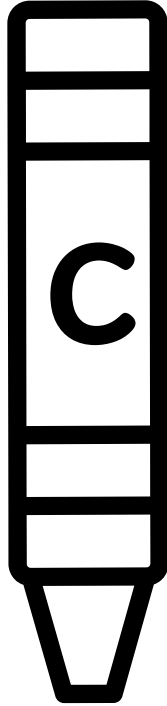
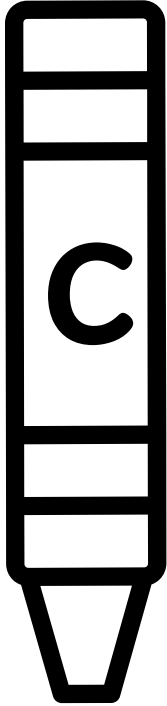


Circle the letter C.

C C G O C

G C O G C

Color the crayons that have the letter C.



Read a book together. Discuss what you read.



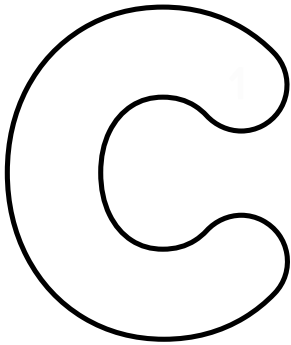
Sing the alphabet song while pointing to the letters on the alphabet chart.



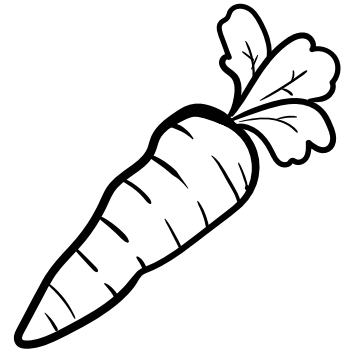
Color the letter.

Circle the letter c.

Color the picture.



carrot



Trace the letter. Write the letter.



Circle the letter c.

c o e c e

c e c c o

Read this poem. Discuss what the poem is about.
Have your child circle every letter **C** in the poem.

Cc

Woodchuck

How much wood could a woodchuck chuck
If a woodchuck could chuck wood?
As much wood as a woodchuck could chuck,
If a woodchuck could chuck wood.



Read a book together. Discuss what you read.



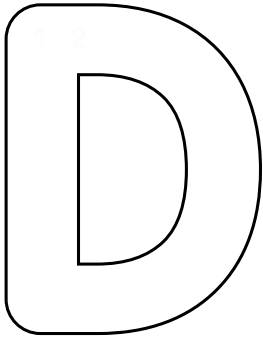
Sing the alphabet song while pointing to the letters on the alphabet chart.



Color the letter.

Circle the letter **D**.

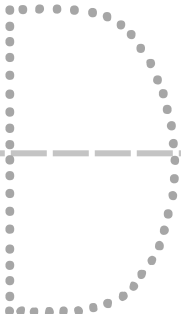
Color the picture.



DOG



Trace the letter. Write the letter.

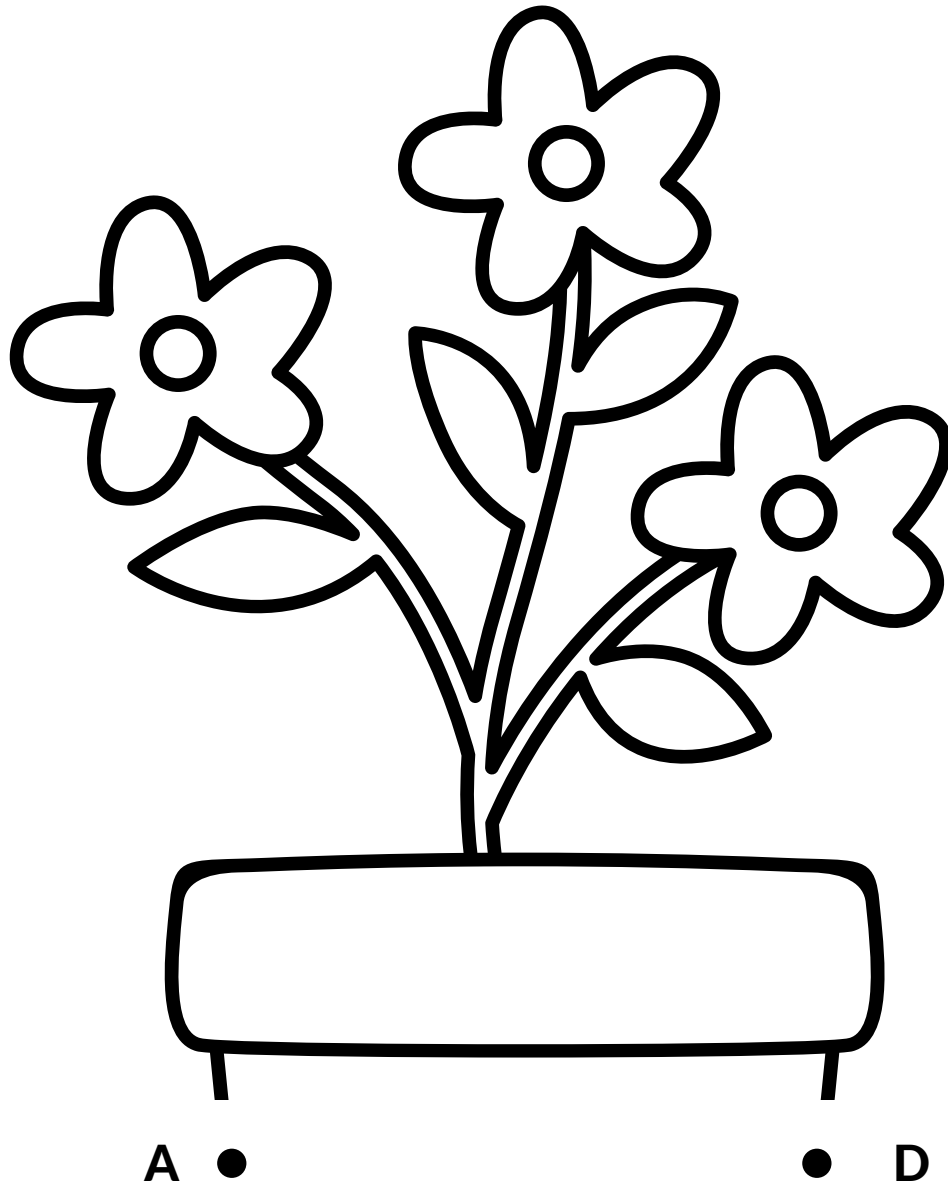


Circle the letter **D**.

D B O B P

P O D B B

Connect the dots in alphabetical order. Color the picture.



Read a book together. Discuss what you read.



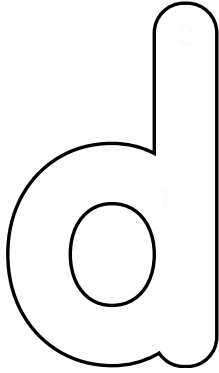
Sing the alphabet song while pointing to the letters on the alphabet chart.



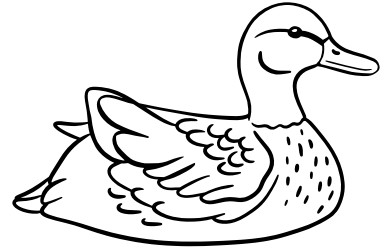
Color the letter.

Circle the letter **d**.

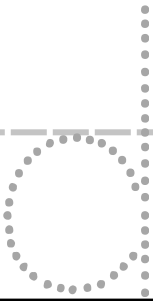
Color the picture.



duck



Trace the letter. Write the letter.



Circle the letter **d**.

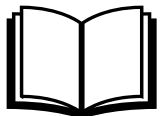
b d q p d
d d q d b

Read this poem. Discuss what the poem is about.
Have your child circle every letter **D** in the poem.

Dd

The Snail's Dream

A snail, who had a way, it seems,
Of dreaming very curious dreams,
Once dreamed he was—you'll never guess!—
The Lightning Limited Express!



Read a book together. Discuss what you read.



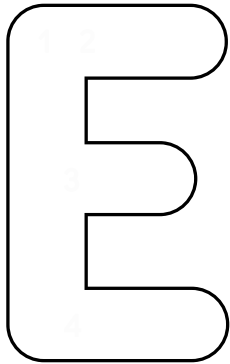
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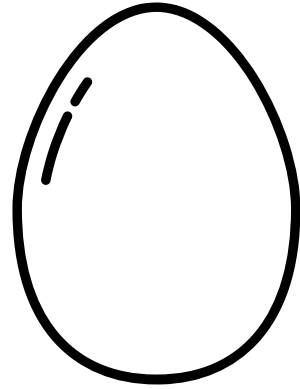
Color the letter.

Circle the letter **E**.

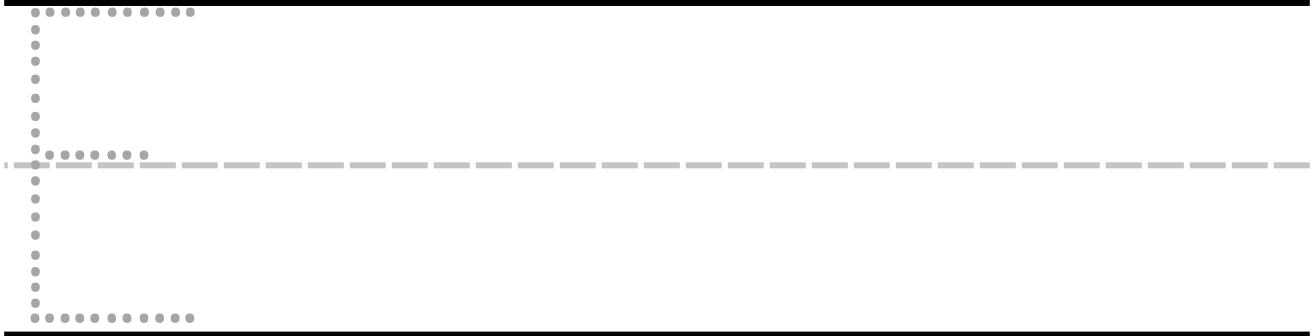
Color the picture.



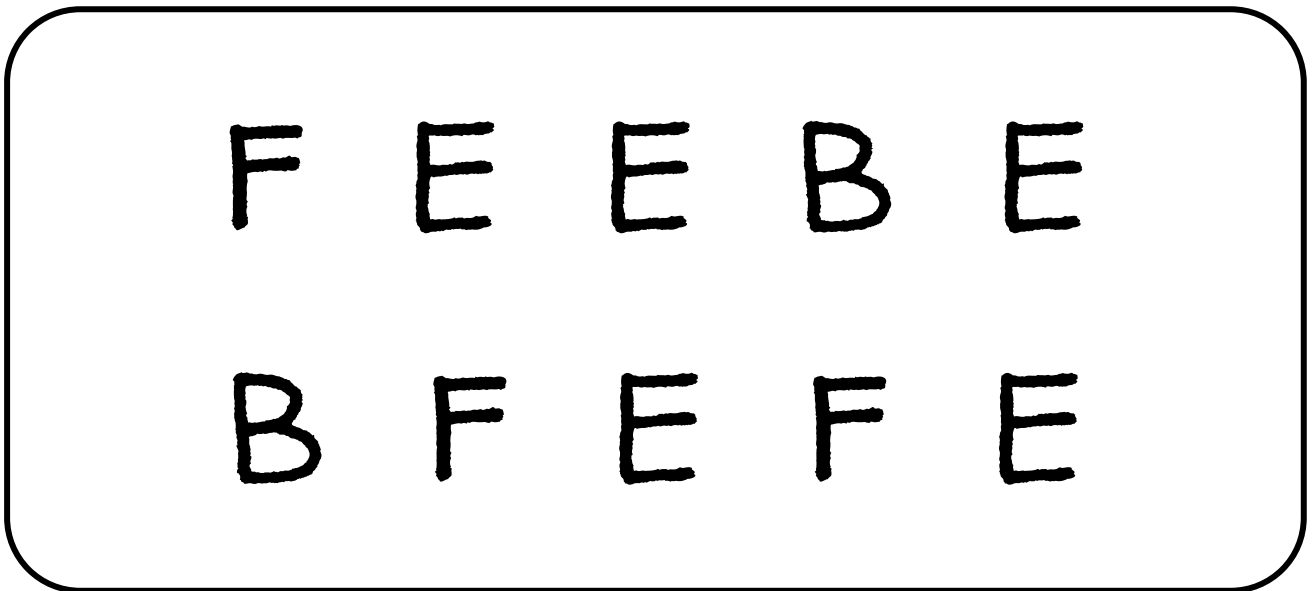
EGG



Trace the letter. Write the letter.

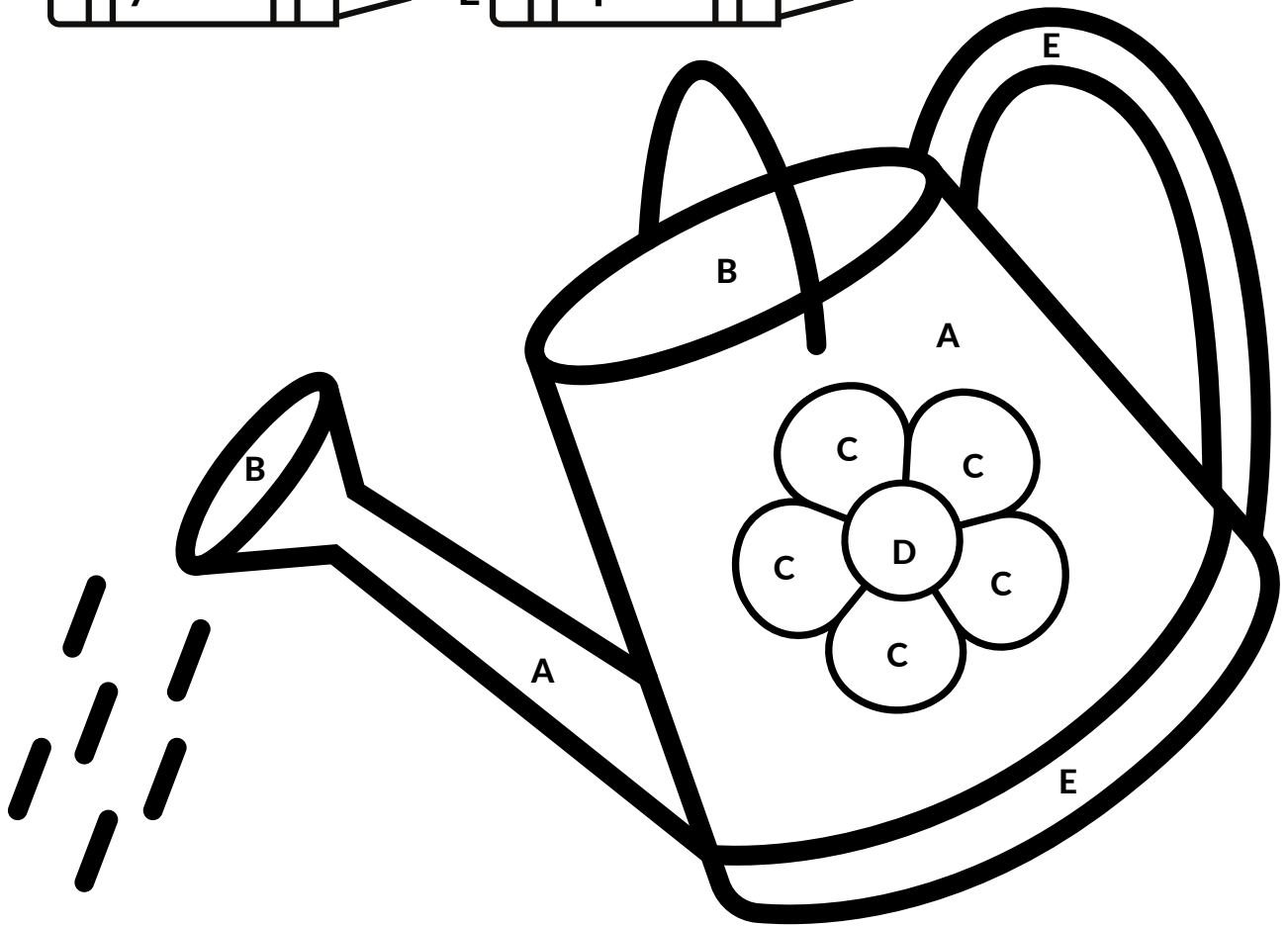


Circle the letter **E**.



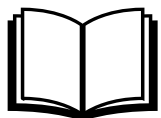
Color by letter using the color key.

color key:



Point to each letter and say its name out loud.

A B b d D c C E a D E C B



Read a book together. Discuss what you read.



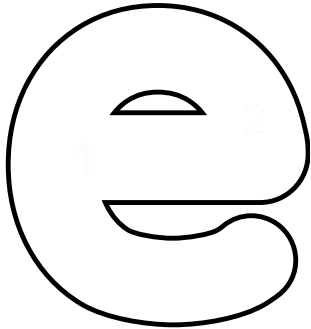
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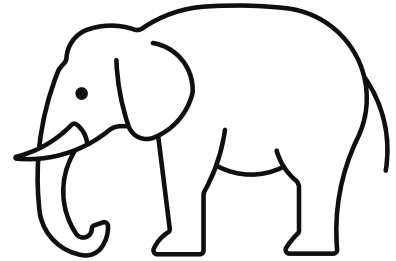
Color the letter.

Circle the letter e.

Color the picture.



elephant



Trace the letter. Write the letter.



Circle the letter e.

e c o a e

a e e c o

Read this poem. Discuss what the poem is about.
Have your child circle every letter **E** in the poem.

Ee

Pop Goes the Weasel

Half a pound of tuppenny rice,
Half a pound of treacle;
That's the way the money goes,
Pop! Goes the weasel.

A penny for a spool of thread,
A penny for a needle;
That's the way the money goes,
Pop! Goes the weasel!



Read a book together. Discuss what you read.